



# WEIGHT STACK

## S012 ABDOMINAL AND BACK COMBO



### FEATURES

- Body area: Upper body
- Training of the straight abdominal muscles, as well as the back muscles
- 9-way adjustable back and chest pads
- Adjustment of the Range of Motion, for an optimal training position
- Fixed footrest, for optimal adjustment for any body size
- Two handles for stabilization
- 1568 x 1109 x 1583 (H x B x L in mm)
- Total weight: 375kg
- Standard weight stack: 105kg (optional: 135)

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